

COMMUNITY RESOURCES IN CENTRAL OKANAGAN

Urgent Services



Police Ambulance Fire	 911	
Crisis Line	 1888-353-2273	
Suicide Crisis Line	 988	
Women's Help Line	 250-763-1040	

Mental Health



 CMHA	 250-861-3644	
 Foundry	 236-420-2803	

COMMUNITY RESOURCES IN CENTRAL OKANAGAN

Food Support



 Central Okanagan Food Bank	 250-763-7161	
 Salvation Army	 250-765-3450	
 Mamas 4 Mamas	 236- 420-0075	
 Family Hub	 250-826-6264	
 Food Support Program	 250-763-0456	
 Meal & Grocery Program	 250 762 3311	

COMMUNITY RESOURCES IN CENTRAL OKANAGAN

English Classes



 LINC Linguistic Instruction for Newcomers in Canada	 250-763-4905	
 Okanagan College	 250-762-5445 ext. 4469	
 Project Literacy CENTRAL OKANAGAN SOCIETY	 250-762-2163	
 Evangel Church	 250-762-0682	
 The Immigrant Education Society	 403-235-3666	
 Queen's School of English	 613-533-2472	

COMMUNITY RESOURCES IN CENTRAL OKANAGAN

Thrift Stores Clothes & Affordable Items



 Giving Hope Today Salvation Army (Rutland)	 778-478-7000	
 Giving Hope Today Salvation Army (West Kelowna)	 250-768-1850	
 SHARE Society	 250-763-8117	
 Kelowna Women's Shelter Thrift Store	 250-762-8561	
 ReStore Habitat for Humanity	 778- 755-4346	
 Value Village	 250- 491-1356	
 Once Upon A Child	 778- 484-0083	

COMMUNITY RESOURCES IN CENTRAL OKANAGAN

Thrift Stores Clothes & Affordable Items



 Value Village West Kelowna	 236- 261-5714	
 Mission Thrift Store	 250-860-4791	
 Frock & Fellow	 250- 763-6645	
 Second Time Around	 250-762-9341	
 Gospel Mission Thrift Store	 778-753-2210	
 Kelowna MCC Thrift Shop	 (250) 765-7838	

COMMUNITY RESOURCES IN CENTRAL OKANAGAN

Employment

 Work BC	 778-738-0225	
 Dress for Success	 250-899-0936	
 KCR	 250-763-8008	

Financial Literacy

 Launch Okanagan	 778-363-4954	
 CPA Financial Literacy Program	 250-899-0936	

COMMUNITY RESOURCES IN CENTRAL OKANAGAN

Well Being



 The Bridge	 911	
 Well-Being BC	 1888-353-2273	

Shelters

 Kelowna Gospel Mission	 250-763-3737	
 Turning Points Richter	 778-212-1401	
 Cornerstone Services	 250-317-6678	
 Bay Ave Shelter	 236-420-0899	

COMMUNITY RESOURCES IN CENTRAL OKANAGAN

Benefits



 Government of Canada Gouvernement du Canada Canada Child Benefit	 1-800-387-1193	
 Government of Canada Gouvernement du Canada Employment Insurance	 (800) 529-3742	

Housing



 BC Housing	 1-800-387-1193	
 Residential Tenancy Branch	 1-800-387-1193	
 Tenant Resource and Advisor	 1-800-665-1185	

COMMUNITY RESOURCES IN CENTRAL OKANAGAN

Immigration Advocacy



 Immigration and Refugee Legal Clinic	 250-717-8716	
 Migrant Workers Centre	 604-669-4482	
 Legal Aid BC	 1866-577-2525	
 BC Refugee Hub	 N/A	

Translation & Interpretation



 KCR	 1866-577-2525	
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COMMUNITY RESOURCES IN CENTRAL OKANAGAN

Recreation



 YMCA	 250-491-9622	
 Parkinson Activity Center	 250-899-0936	
 H2O	 250-491-9622	
 Kelowna Minor Football Association	 N/A	
 Okanagan FC	 N/A	
 Kelowna Minor Basketball	 778-363-1909	

COMMUNITY RESOURCES IN CENTRAL OKANAGAN

Recreation



 COMBA	 N/A	
 Kelowna Minor Hockey	 250-861-5677	
 Energyplex	 250- 765-4486	
 Scandia	 250-765-2355	
 Play Area Indoor Recreation Inc	 778- 478-8888	