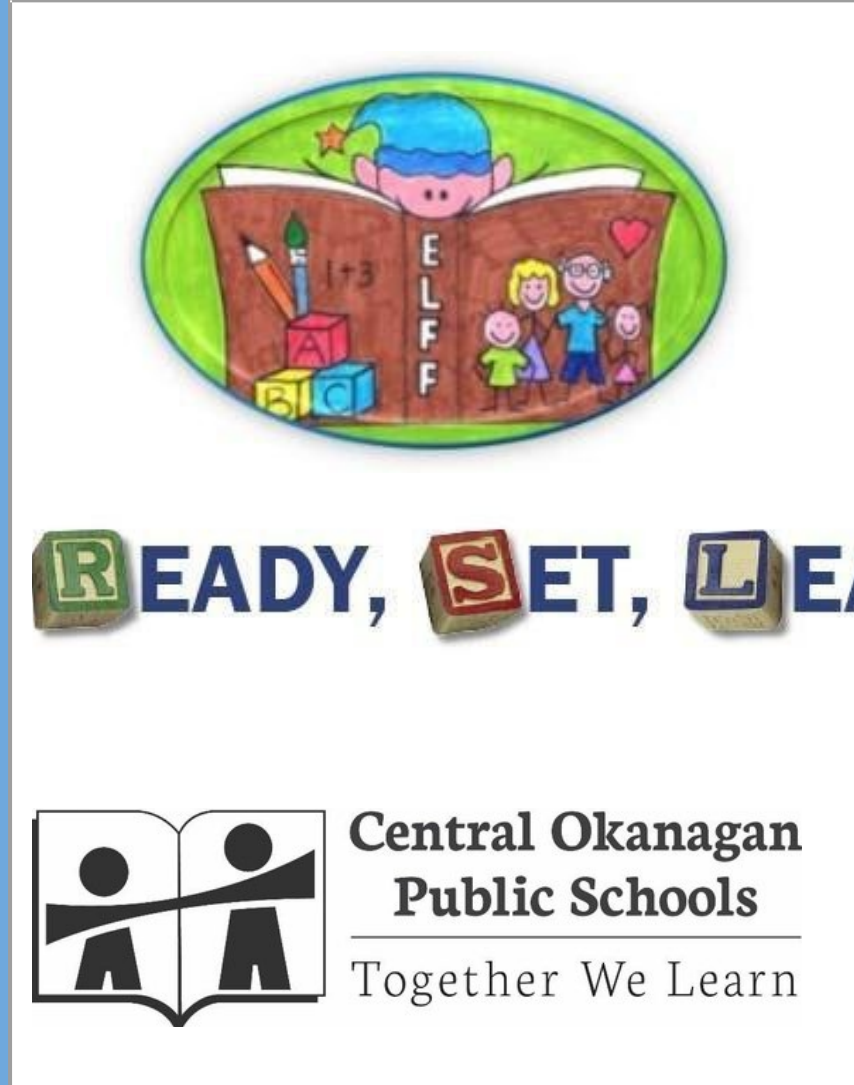


التعليم المبكر للعائلات ELFF



ELFF رايمر

k^wu limt p cyṣap

we are glad that you have arrived



**We acknowledge that we
are learning together
on the unceded,
Traditional Territory
of the Okanagan,
Syilx, People.**



k^wu limt p cyṣap

nous sommes si heureux que vous soyez arrivés

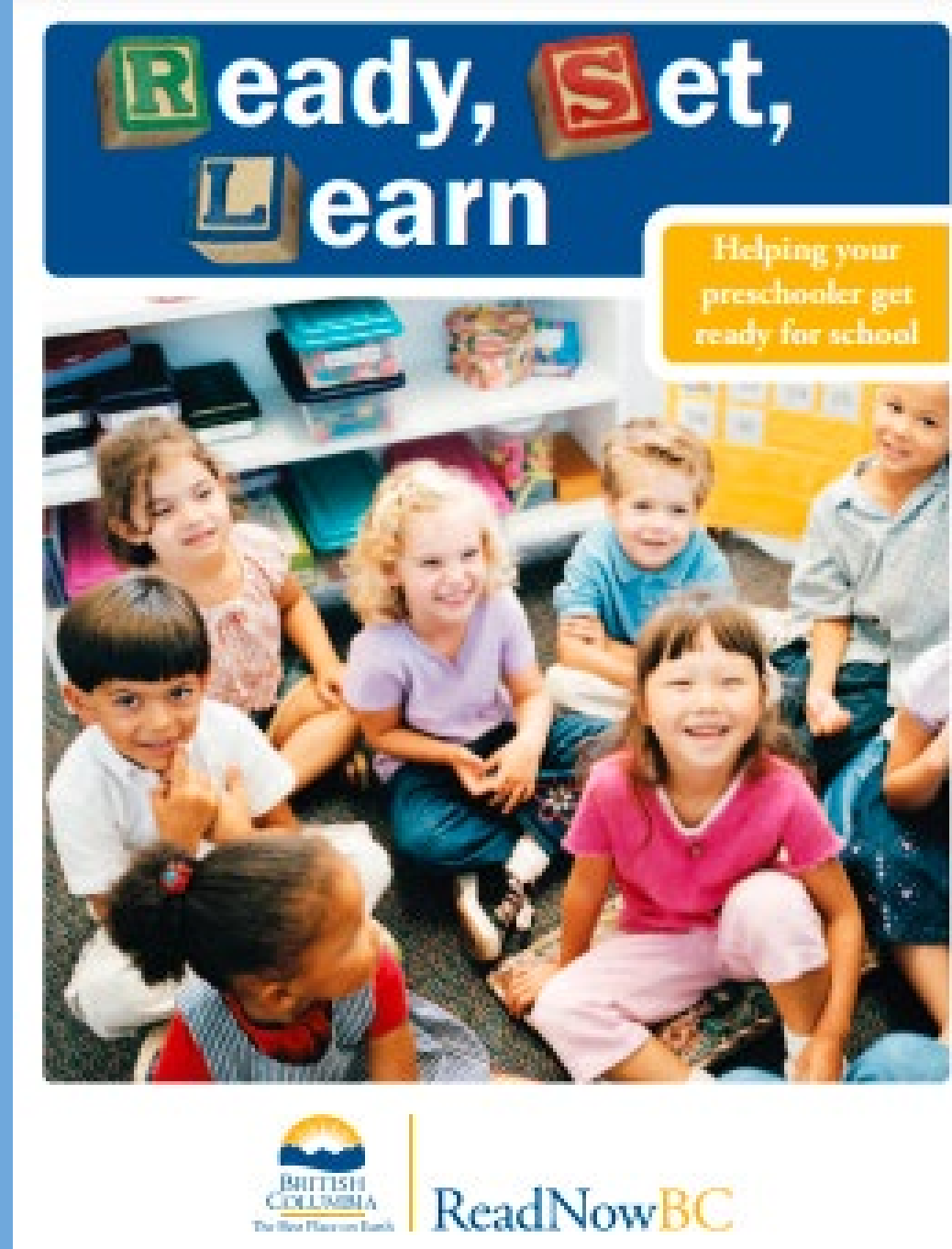


**Nous reconnaissons que nous
apprenons ensemble
sur le Territoire traditionnel,
non cédé,
du peuple Syilx
de l'Okanagan**



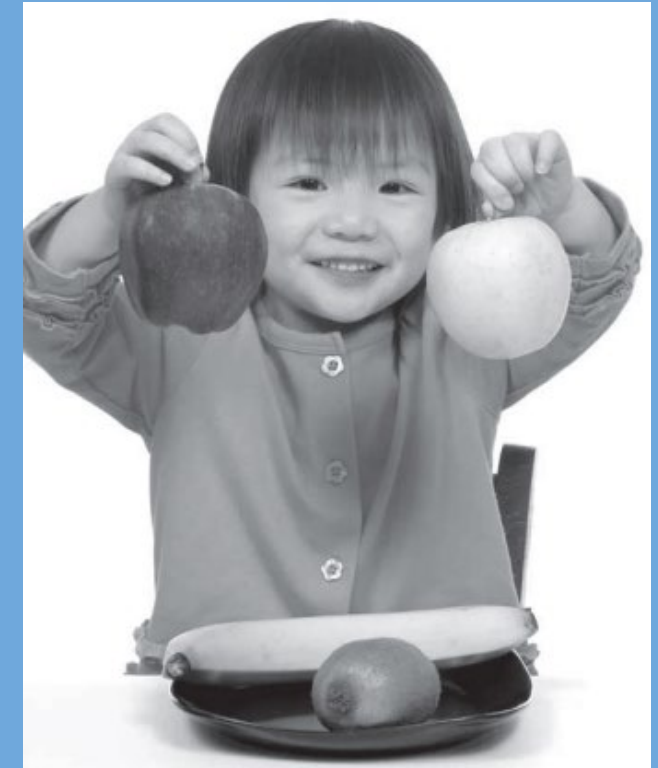
**نحن جميلون
نحن أوكاناجان
لأن أرضنا جميلة**

ما هو ELFF؟



التعلم المبكر للعائلات
(استعد، ابدأ، تعلم)

"تم تصميم برنامج (استعد، ابدأ، تعلم) خصيصًا للعائلات وأطفالهم الذين تتراوح أعمارهم بين ثلاث إلى خمس سنوات، وهو يهدف إلى تعزيز الروابط الإيجابية بين العائلات والنظام المدرسي ووكالات المجتمع المحلي." (وزارة التعليم في كولومبيا البريطانية)



تعرف على المزيد حول أهمية التعلم المبكر

الاستفسار الحي: الرفاهية والانتماء



"تعزيز الشعور بالرفاهية والانتماء يدعم الأطفال أثناء تعلمهم عن العالم من حولهم والتحقيق فيه." إطار التعلم المبكر ص. 66

الاستفسار الحي: التواصل والمهارات اللغوية



"يستخدم الأطفال وسائل متعددة من اللغات التعبيرية للتواصل مع الأفكار، والمشاركة في العلاقات، وإضفاء المعنى في منازلهم ومجتمعاتهم." إطار التعلم المبكر ص. 66

الاستفسار الحي: الهوية، والمسؤولية الاجتماعية، والتنوع



"تُعد الهوية الشخصية والثقافية الإيجابية وعياً وفهماً وتقديراً لجميع الجوانب التي تسهم في تكوين إحساس صحي بالذات." إطار التعلم المبكر ص. 66

الاستفسار الحي: التفاعل مع الآخرين، والمواد، والعالم



"يبني الأطفال المعنى أثناء تفاعلهم مع المواد، والأطفال الآخرين والبالغين، والبيئة، والمجتمع، والعالم." إطار التعلم المبكر ص. 66

British Columbia
Early Learning Framework



مستوحى من إطار التعلم المبكر في بريتش كولومبيا

تعرف على طاقم المدرسة الودود



سوف يتفاعل طفلك مع...



Interactive Loose Parts



Playing with Materials

أجزاء تفاعلية غير ثابتة



اللعب بالمواد

التعرف على شركاء المجتمع





**Family
Connection
Centre**



StrongStart BC



معلومات للعائلات

Central Okanagan Community Connections

Central Okanagan Early Years Partnership

	Boys and Girls Club of Okanagan Giving young people and their families a safe place to belong and opportunities for a great future. 1434 Graham Street, (250) 762-3914	
	The Bridge Youth & Family Services Inspiring healthy communities and resilience through services for youth, parents, foster homes and caregivers. Beyond the Blues offers support for moms experiencing Postpartum Depression and Anxiety. 2604 Enterprise Way #8, (250) 763-0456	
	Central Okanagan Family Hub A safe, barrier free, inclusive place for families with children to access information and referrals for services and community supports including drop-in playtime and a food support program. Pearson Elementary, 700 Pearson Road, (250) 826-6264	
	Central Okanagan Food Bank Serving Kelowna, West Kelowna and the Central Okanagan with support of food drives, fundraisers & volunteers. 2310 Enterprise Way, (250) 763-7161 and 3711 Elliott Rd, West Kelowna, (250) 768-1559	
	Childhood Connections Provides services and resources to help children and those who care for them grow and thrive including family programs and drop-in childcare. 1505 Harvey Ave #101, (250) 762-3536	
	City of Kelowna Financial assistance to support the needs of our locally-based sports & event through community grants/programs. Sport Kelowna Centre, 645 Dodd Road, (250) 469-8500	
	Early Learning For Families (ELFF) ELFF is a district program for parents and children 3-5 years old, designed to help families with preschoolers make early connections with their neighbourhood school. (250) 860-8888	
	Family Support Institute of BC (FSI) Supports families who have a family member with a disability by connecting them with trained Resource Parents/Peers sharing experiences, expertise, and guidance. 227 Sixth St, New Westminster, (604) 540-8374	
	Foundry Kelowna Virtual, phone, and in-person mental health and substance use services for young people 12-24 including housing, income assistance, and employment support. 100-1815 Kirschner Rd, (236) 420-2803	
	Interior Health Child Health Clinics are available to all families with young children. 505 Doyle Avenue, (250) 469-7070	
	Jordan's Principle Ensures that all Indigenous children are able to access the products, services and supports they need, when they need it. ONA, 101-3535 Old Okanagan Hwy, (250) 869-6391	
	Kelowna Community Resources A socially-responsive agency dedicated to meeting community, government and individual needs. 620 Leon Avenue, (250) 763-8008	
	Ki-Low-Na Friendship Society Community services for mental, emotional, physical and spiritual well-being while encouraging preservation, sharing and promotion of Indigenous cultural distinctiveness. 442 Leon Avenue, (250) 763-4905	

Focus a device's camera on the QR code and click the link that pops up to go to the website





HEALTHY EATING & PHYSICAL ACTIVITY IN THE EARLY YEARS



DEVELOPMENTAL MILESTONES: 3-5 YEARS OLD

Developmental milestones are checkpoints in your child's physical, cognitive and behavioural growth. It is important to be aware of certain milestones in your child's development, but it is not something that you should place intense focus on. For example, between 3 and 5 years your child will be galloping, catching large balls and should show good changes of direction. Being aware of these milestones allows you to understand if your child is on the right trajectory, or if a particular milestone may be missing or significantly delayed, then to seek professional advice.

Below is a list of major milestones that typically appear between 3 and 5 years with a focus on physical and motor development.

Physical development

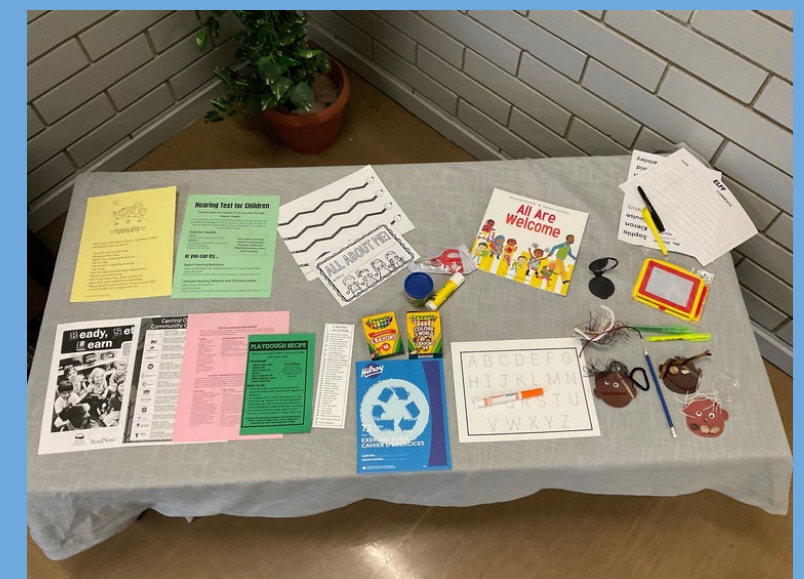
- Developing the balance needed for standing on foot consistently
- Can stop and change direction
- Able to hop without putting the other foot down 5 times
- Starting to learn to move sideways
- Can confidently ride a balance bike
- Catching a ball with reminders to keep their hands together

Cognitive development

- Begins to understand opposites
- Still focuses on self and does not understand tag games larger than one versus one
- Very inquisitive, will ask lots of questions

Social development

- Enjoys being silly and silly songs and words
- Enjoys cooperative play



أين تجد الوقت والتاريخ لأحداث ELFF القادمة



You and your family are invited to
ELFF night!

(Early Learning for Families)

At Glenrosa Elementary School
3430 Webber Road, West Kelowna
April 10th from 4:00pm-5:30pm

At this event, we will...

- Build community with other families whose children will be attending kindergarten in the fall
- Enjoy supper together and some social time
- Learn together while the children play
- Play together with your children
- Pizza provided
- Take a goodie bag home

ELFF is a program for parents of 3 to 5 year old children, who do not yet attend school. It is designed to improve their success in literacy, numeracy, and self-regulation at school and to build connections between home and school. When parents are involved in their children's education, their children do better.

ELFF is free of charge for all members of your family.

Please RSVP by Tuesday, April 1st
by calling the school at 250-870-5142, or email kendyl.whiskin@sd23.bc.ca with the information requested below.

Yes, we are interested in attending the ELFF session.

Name: _____
Phone: _____
Email: _____

Children Attending:
Name: _____ age: _____
Name: _____ age: _____
Name: _____ age: _____



Central Okanagan
Public Schools
Together We Learn

Central Okanagan Public Schools Early Learning for Families



Do you have a 3-5 year old preschooler? The Central Okanagan Public School District welcomes your family to participate in our Early Learning for Families (ELFF) events. Each elementary school hosts an ELFF event to foster early and positive connections with children and their families. Building the home-to-school connection can help create a gentler transition when your child joins us for kindergarten.

School	Address	Email Address	Date of Event
Anne McClymont	4489 Lakeshore Rd	ame@sd23.bc.ca	April 23rd
AS Matheson	2090 Gordon Dr	asm@sd23.bc.ca	March 13th
Bankhead	1280 Wilson Ave	bha@sd23.bc.ca	April 9th
Belgo	125 Adventure Rd	bge@sd23.bc.ca	May 14th
Bellevue Creek	4574 Raymer Rd	bce@sd23.bc.ca	May 8th
Black Mountain	1650 Gallagher Rd	bme@sd23.bc.ca	May 7th
Casorso	3675 Casorso Rd	cas@sd23.bc.ca	April 17th
Chief Tomat	3363 E. Boundary Rd	cte@sd23.bc.ca	April 19th
Chute Lake	5240 Lark St	cle@sd23.bc.ca	May 14th
Davidson Road	2115 Davidson Rd	dre@sd23.bc.ca	May 1st
Ellison	3735 Parkdale Rd	ele@sd23.bc.ca	January 30th
Glenmore	960 Glenmore Dr	gle@sd23.bc.ca	May 13th
Glenrosa	3430 Webber Rd	gre@sd23.bc.ca	April 10th
Helen Gorman	3230 Salmon Rd	hge@sd23.bc.ca	March 11th
Hudson Road	1221 Hudson Rd	hre@sd23.bc.ca	January 30th
Mar Jok	2101 McDougall Rd	mje@sd23.bc.ca	May 8th
North Glenmore	125 Glenmore Rd. N.	nge@sd23.bc.ca	April 23rd
Oyama	15525 Greenhow Rd	ots@sd23.bc.ca	March 6th
Peachland	5486 Clements Cres	ple@sd23.bc.ca	March 5th
Pearson Road	700 Pearson Rd	pse@sd23.bc.ca	April 30th
Peter Greer	10300 Sherman Dr	pge@sd23.bc.ca	May 1st
Quigley	705 Kitch Rd	qge@sd23.bc.ca	May 1st
Raymer	637 Raymer Ave	ray@sd23.bc.ca	April 24th
Rose Valley	1680 Westlake Rd	rve@sd23.bc.ca	April 23rd
Rutland	620 Webster Rd	rie@sd23.bc.ca	April 16th
Shannon Lake	3044 Sandstone Dr	sle@sd23.bc.ca	April 14th
South Kelowna	4176 Spiers Rd	ske@sd23.bc.ca	April 24th
South Rutland	200 Mallech Rd	sre@sd23.bc.ca	May 1st
Springvalley	470 Ziprick Rd	sve@sd23.bc.ca	April 24th
Watson Road	475 Yates Rd	wat@sd23.bc.ca	May 7th
Webber Road	2829 Inverness Rd	wre@sd23.bc.ca	April 24th



Early Learning For Families (ELFF)

The ELFF event will include engaging and fun learning activities and give your child(ren) an opportunity to meet future faces. It is also a good opportunity for you to ask all your questions or wonders about kindergarten transitioning.



Please contact your
neighborhood
school for
instructions on how
to register.



Central Okanagan
Public Schools

Together We Learn



Early Learning

Do you have a 3- to 5-year-old preschooler? Central Okanagan Public Schools welcomes your family to participate in our Early Learning for Families (ELFF) events.

[Read More](#)

