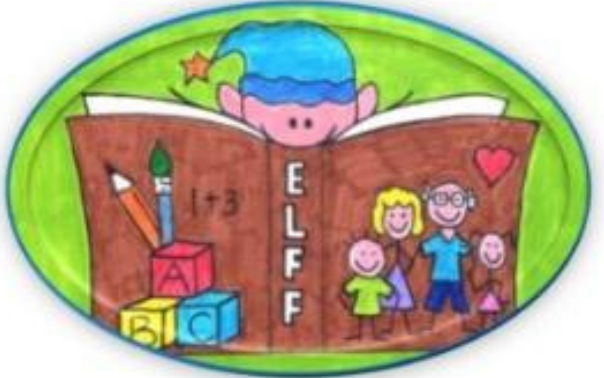



# Early Learning For Families

## ELFF



**READY, SET, LEARN**



**Central Okanagan  
Public Schools**  
Together We Learn



ELFF Raymer

*k<sup>w</sup>u limt p cyzap*

we are glad that you have arrived



**We acknowledge that we are learning together on the unceded, Traditional Territory of the Okanagan, Syilx, People.**

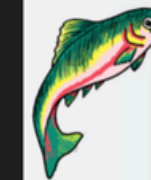


*k<sup>w</sup>u limt p cyzap*

nous sommes si heureux que vous soyez arrivés



**Nous reconnaissons que nous apprenons ensemble sur le Territoire traditionnel, non cédé, du peuple Syilx de l'Okanagan**

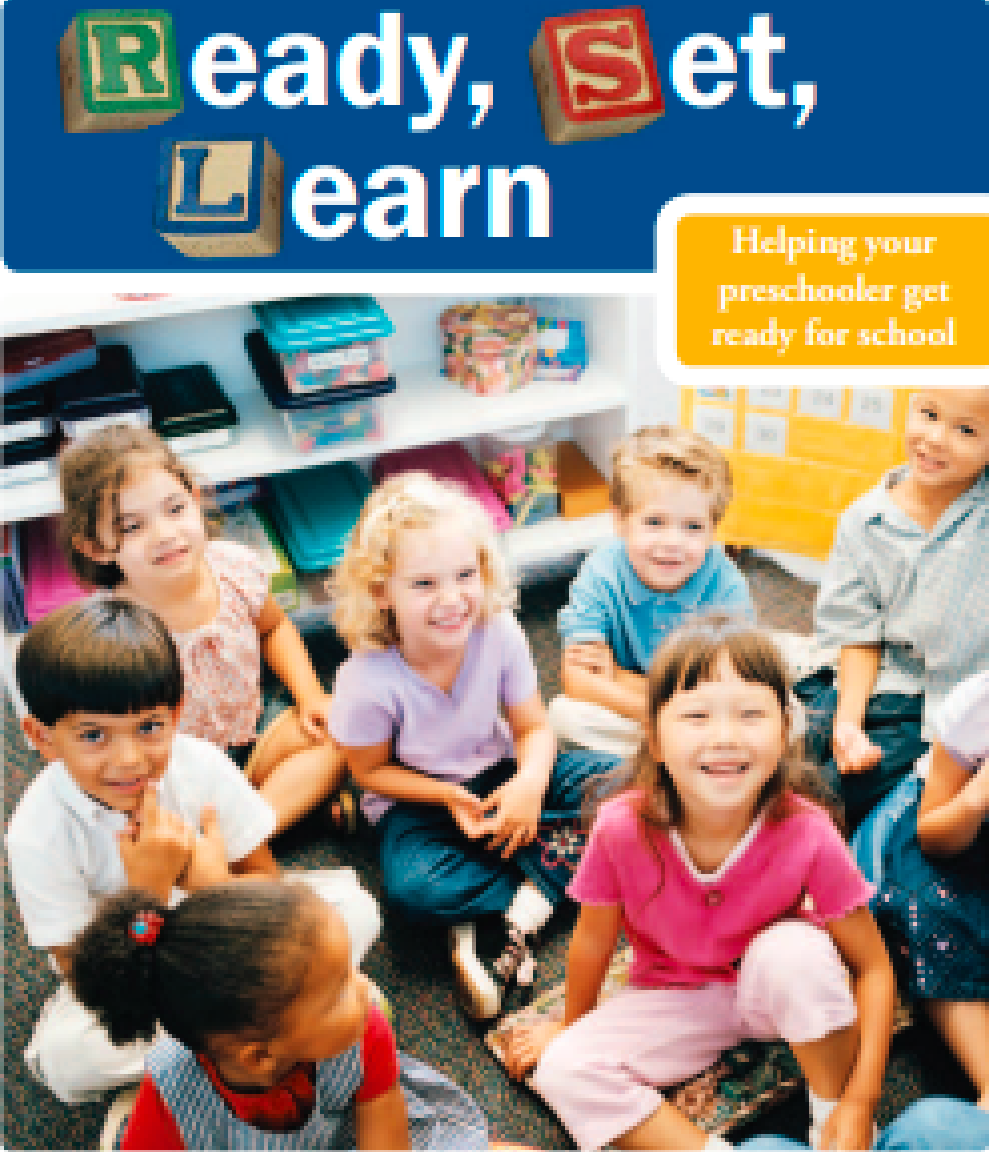


**ałi kwu swiwi-numtax | We are beautiful / Nous sommes beaux**  
**ałi kwu sukna?qínx | We are Okanagan / Nous sommes Okanagan**  
**ałi axa/ L/tmxwula/xw | Because our land is beautiful / Parce que notre terre est belle**

# What is ELFF?


## Early Learning for Families (Ready, Set, Learn)

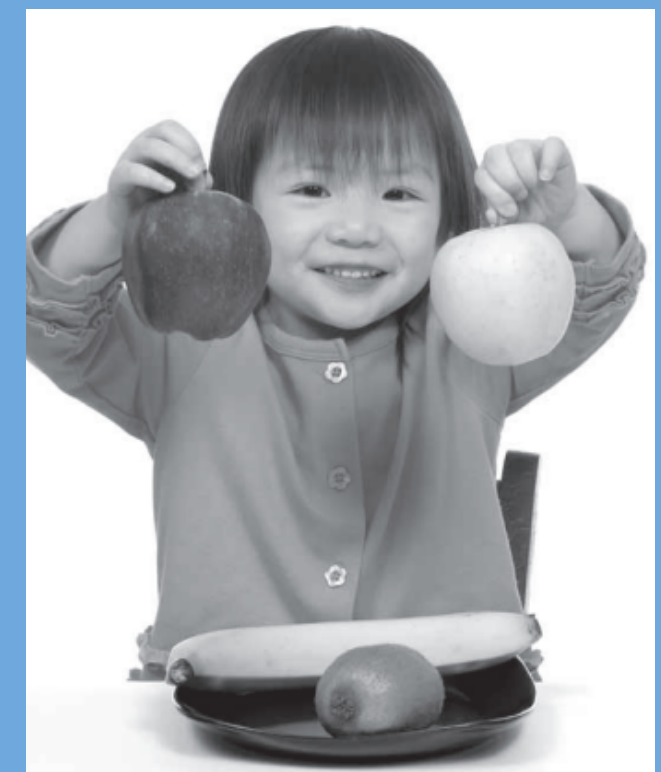
“Intended for families and their **three- to five-year-old** children, Ready, Set, Learn is all about fostering positive connections between families, the school system and local community agencies.” (BC Ministry of Education)



Ready, Set, Learn

Helping your preschooler get ready for school

 **ReadNowBC**



# Learn more about the importance of Early Learning

## British Columbia Early Learning Framework



### Living Inquiry: Well-being & Belonging



"Nurturing a sense of well-being and belonging supports children as they learn about and investigate the world around them." ELF p. 66

### Living Inquiry: Engagement with Others, Materials, and the World



"Children construct meaning as they engage with materials, other children and adults, the environment, the community, and the world." ELF p. 66

### Living Inquiry: Communication & Literacies



"Children use multiple modes of expressive languages to communicate ideas, participate in relationships, and make meaning in their homes and communities." ELF p. 66

### Living Inquiry: Identities, Social Responsibility, & Diversity



"A positive personal and cultural identity is the awareness, understanding, and appreciation of all facets that contribute to a healthy sense of oneself." ELF p. 66

# Inspired by the British Columbia Early Learning Framework

# Meet Friendly School Staff



# Your child will engage with...



# Interactive Loose Parts



**Playing with Materials**

# Meet Community Partners



**Y M C A**



**Family  
Connection  
Centre**



**StrongStart BC**



# Information to Families



## Central Okanagan Community Connections

Central Okanagan Early Years Partnership

	<b>Boys and Girls Club of Okanagan</b> Giving young people and their families a safe place to belong and opportunities for a great future. 1434 Graham Street, (250) 762-3914	
	<b>The Bridge Youth &amp; Family Services</b> Inspiring healthy communities and resilience through services for youth, parents, foster homes and caregivers. Beyond the Blues offers support for moms experiencing Postpartum Depression and Anxiety. 2604 Enterprise Way #8, (250) 763-0456	
	<b>Central Okanagan Family Hub</b> A safe, barrier free, inclusive place for families with children to access information and referrals for services and community supports including drop-in playtime and a food support program. Pearson Elementary, 700 Pearson Road, (250) 826-6264	
	<b>Central Okanagan Food Bank</b> Serving Kelowna, West Kelowna and the Central Okanagan with support of food drives, fundraisers & volunteers. 2310 Enterprise Way, (250) 763-7161 and 3711 Elliott Rd, West Kelowna, (250) 768-1559	
	<b>Childhood Connections</b> Provides services and resources to help children and those who care for them grow and thrive including family programs and drop-in childcare. 1505 Harvey Ave #101, (250) 762-3536	
	<b>City of Kelowna</b> Financial assistance to support the needs of our locally-based sports & event through community grants/programs. Sport Kelowna Centre, 645 Dodd Road, (250) 469-8500	
	<b>Early Learning For Families (ELFF)</b> ELFF is a district program for parents and children 3-5 years old, designed to help families with preschoolers make early connections with their neighbourhood school. (250) 860-8888	
	<b>Family Support Institute of BC (FSI)</b> Supports families who have a family member with a disability by connecting them with trained Resource Parents/Peers sharing experiences, expertise, and guidance. 227 Sixth St, New Westminster, (604) 540-8374	
	<b>Foundry Kelowna</b> Virtual, phone, and in-person mental health and substance use services for young people 12-24 including housing, income assistance, and employment support. 100-1815 Kirschner Rd, (236) 420-2803	
	<b>Interior Health</b> Child Health Clinics are available to all families with young children. 505 Doyle Avenue, (250) 469-7070	
	<b>Jordan's Principle</b> Ensures that all Indigenous children are able to access the products, services and supports they need, when they need it. ONA, 101-3535 Old Okanagan Hwy, (250) 869-6391	
	<b>Kelowna Community Resources</b> A socially-responsive agency dedicated to meeting community, government and individual needs. 620 Leon Avenue, (250) 763-8008	
	<b>Ki-Low-Na Friendship Society</b> Community services for mental, emotional, physical and spiritual well-being while encouraging preservation, sharing and promotion of Indigenous cultural distinctiveness. 442 Leon Avenue, (250) 763-4905	

Focus a device's camera on the QR code and click the link that pops up to go to the website

appetite to play HEALTHY EATING & PHYSICAL ACTIVITY IN THE EARLY YEARS

## DEVELOPMENTAL MILESTONES: 3-5 YEARS OLD

Developmental milestones are checkpoints in your child's physical, cognitive and behavioural growth. It is important to be aware of certain milestones in your child's development, but it is not something that you should place intense focus on. For example, between 3 and 5 years your child will be galloping, catching large balls and should show good changes of direction. Being aware of these milestones allows you to understand if your child is on the right trajectory, or if a particular milestone may be missing or significantly delayed, then to seek professional advice.

Below is a list of major milestones that typically appear between 3 and 5 years with a focus on physical and motor development.

### Physical development

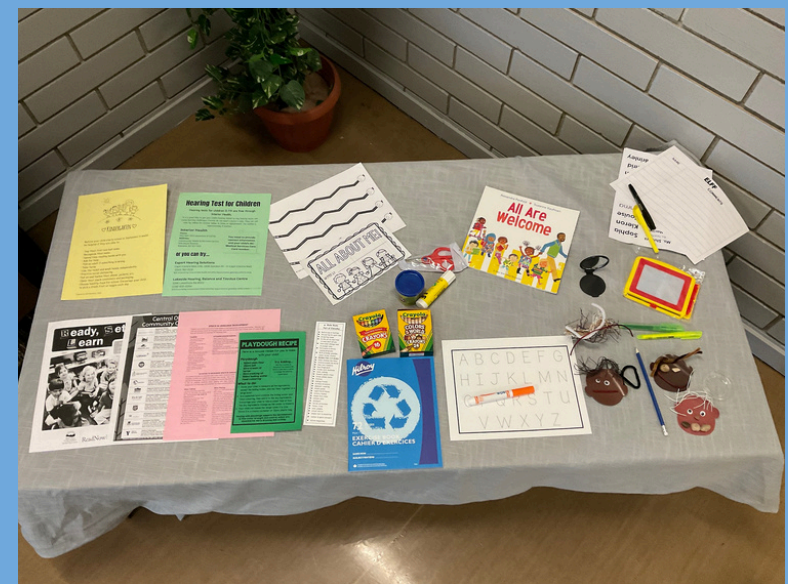
- Developing the balance needed for standing on foot consistently
- Can stop and change direction
- Able to hop without putting the other foot down 5 times
- Starting to learn to move sideways
- Can confidently ride a balance bike
- Catching a ball with reminders to keep their hands together

### Cognitive development

- Begins to understand opposites
- Still focuses on self and does not understand tag games larger than one versus one
- Very inquisitive, will ask lots of questions

### Social development

- Enjoys being silly and silly songs and words
- Enjoys cooperative play



# Where to locate time and dates for upcoming ELFF events



You and your family are invited to  
**ELFF night!**

(Early Learning for Families)

At Glenrosa Elementary School  
3430 Webber Road, West Kelowna  
April 10<sup>th</sup> from 4:00pm-5:30pm

At this event, we will...

- Build community with other families whose children will be attending kindergarten in the fall
- Enjoy supper together and some social time
- Learn together while the children play
- Play together with your children
- Pizza provided
- Take a goodie bag home

ELFF is a program for parents of 3 to 5 year old children, who do not yet attend school. It is designed to improve their success in literacy, numeracy, and self-regulation at school and to build connections between home and school. When parents are involved in their children's education, their children do better.

ELFF is free of charge for all members of your family.

Please RSVP by Tuesday, April 1st  
by calling the school at 250-870-5142, or email [kendyl.whiskin@sd23.bc.ca](mailto:kendyl.whiskin@sd23.bc.ca) with the information requested below.

Yes, we are interested in attending the ELFF session.

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

Children Attending: \_\_\_\_\_  
Name: \_\_\_\_\_ age: \_\_\_\_\_  
Name: \_\_\_\_\_ age: \_\_\_\_\_  
Name: \_\_\_\_\_ age: \_\_\_\_\_



**Central Okanagan Public Schools**  
**Early Learning for Families**



**Do you have a 3-5 year old preschooler?** The Central Okanagan Public School District welcomes your family to participate in our Early Learning for Families (ELFF) events. Each elementary school hosts an ELFF event to foster early and positive connections with children and their families. Building the home-to-school connection can help create a gentler transition when your child joins us for kindergarten.

School	Address	Email Address	Date of Event
Anne McClymont	4489 Lakeshore Rd	<a href="mailto:ame@sd23.bc.ca">ame@sd23.bc.ca</a>	April 23rd
AS Matheson	2090 Gordon Dr	<a href="mailto:asm@sd23.bc.ca">asm@sd23.bc.ca</a>	March 13th
Bankhead	1280 Wilson Ave	<a href="mailto:bhc@sd23.bc.ca">bhc@sd23.bc.ca</a>	April 9th
Belgo	125 Adventure Rd	<a href="mailto:bge@sd23.bc.ca">bge@sd23.bc.ca</a>	May 14th
Bellevue Creek	4374 Raymer Rd	<a href="mailto:bce@sd23.bc.ca">bce@sd23.bc.ca</a>	May 8th
Black Mountain	1650 Gallagher Rd	<a href="mailto:bme@sd23.bc.ca">bme@sd23.bc.ca</a>	May 7th
Casorso	3673 Casorso Rd	<a href="mailto:cas@sd23.bc.ca">cas@sd23.bc.ca</a>	April 17th
Chief Tomat	3363 E. Boundary Rd	<a href="mailto:cte@sd23.bc.ca">cte@sd23.bc.ca</a>	April 19th
Chute Lake	3240 Lark St	<a href="mailto:cle@sd23.bc.ca">cle@sd23.bc.ca</a>	May 14th
Davidson Road	2113 Davidson Rd	<a href="mailto:dre@sd23.bc.ca">dre@sd23.bc.ca</a>	May 1st
Ellison	3733 Parkdale Rd	<a href="mailto:ele@sd23.bc.ca">ele@sd23.bc.ca</a>	January 30th
Glenmore	960 Glenmore Dr	<a href="mailto:gle@sd23.bc.ca">gle@sd23.bc.ca</a>	May 13th
Glenrosa	3430 Webber Rd	<a href="mailto:gre@sd23.bc.ca">gre@sd23.bc.ca</a>	April 10th
Helen Gorman	3230 Salmon Rd	<a href="mailto:hge@sd23.bc.ca">hge@sd23.bc.ca</a>	March 11th
Hudson Road	1221 Hudson Rd	<a href="mailto:hre@sd23.bc.ca">hre@sd23.bc.ca</a>	January 30th
Mar Jak	2101 McDougall Rd	<a href="mailto:mje@sd23.bc.ca">mje@sd23.bc.ca</a>	May 8th
North Glenmore	125 Glenmore Rd. N.	<a href="mailto:nge@sd23.bc.ca">nge@sd23.bc.ca</a>	April 23rd
Oyama	15525 Greenhow Rd	<a href="mailto:ots@sd23.bc.ca">ots@sd23.bc.ca</a>	March 6th
Peachland	3486 Clements Cres	<a href="mailto:ple@sd23.bc.ca">ple@sd23.bc.ca</a>	March 3th
Pearson Road	700 Pearson Rd	<a href="mailto:ppe@sd23.bc.ca">ppe@sd23.bc.ca</a>	April 30th
Peter Greer	10300 Sherman Dr	<a href="mailto:pge@sd23.bc.ca">pge@sd23.bc.ca</a>	May 1st
Quigley	705 Kitch Rd	<a href="mailto:qge@sd23.bc.ca">qge@sd23.bc.ca</a>	May 1st
Raymer	637 Raymer Ave	<a href="mailto:ray@sd23.bc.ca">ray@sd23.bc.ca</a>	April 24th
Rose Valley	1680 Westlake Rd	<a href="mailto:rve@sd23.bc.ca">rve@sd23.bc.ca</a>	April 23rd
Rutland	620 Webster Rd	<a href="mailto:rie@sd23.bc.ca">rie@sd23.bc.ca</a>	April 16th
Shannon Lake	3044 Sandstone Dr	<a href="mailto:sle@sd23.bc.ca">sle@sd23.bc.ca</a>	April 14th
South Kelowna	4176 Spiers Rd	<a href="mailto:ske@sd23.bc.ca">ske@sd23.bc.ca</a>	April 24th
South Rutland	200 Mallech Rd	<a href="mailto:sre@sd23.bc.ca">sre@sd23.bc.ca</a>	May 1st
Springvalley	470 Ziprick Rd	<a href="mailto:sve@sd23.bc.ca">sve@sd23.bc.ca</a>	April 24th
Watson Road	475 Yates Rd	<a href="mailto:wat@sd23.bc.ca">wat@sd23.bc.ca</a>	May 7th
Webber Road	2829 Inverness Rd	<a href="mailto:wre@sd23.bc.ca">wre@sd23.bc.ca</a>	April 24th



**Early Learning For Families (ELFF)**

The ELFF event will include engaging and fun learning activities and give your child(ren) an opportunity to meet future faces. It is also a good opportunity for you to ask all your questions or wonders about kindergarten transitioning.



Please contact your neighborhood school for instructions on how to register.



**Central Okanagan Public Schools**

Together We Learn



## Early Learning

Do you have a 3- to 5-year-old preschooler? Central Okanagan Public Schools welcomes your family to participate in our Early Learning for Families (ELFF) events.

[Read More](#)

# We Look Forward to Meeting You

